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Variable	Mean	SD	Min	Max
1. Age	35.2	12.5	18	65
2. Sex	0.52	0.50	0	1
3. Education	12.8	2.1	8	16
4. Income	15.5	8.2	5	35
5. Marital status	0.68	0.48	0	1
6. Health status	2.1	1.5	1	5
7. Employment	0.75	0.43	0	1
8. Social support	3.2	1.8	1	5
9. Stress level	2.8	1.2	1	4
10. Life satisfaction	3.5	1.0	1	5
11. Coping strategy	2.5	1.5	1	5
12. Resilience	3.8	1.2	1	5
13. Mental health	2.2	1.3	1	4
14. Physical health	2.5	1.2	1	4
15. Quality of life	3.0	1.1	1	5
16. Self-efficacy	3.2	1.0	1	5
17. Optimism	3.5	1.1	1	5
18. Hope	3.8	1.2	1	5
19. Gratitude	3.0	1.0	1	5
20. Mindfulness	2.8	1.1	1	5
21. Positive psychology	3.2	1.0	1	5
22. Well-being	3.5	1.1	1	5
23. Life purpose	3.0	1.0	1	5
24. Meaning in life	3.2	1.1	1	5
25. Existential well-being	3.5	1.0	1	5
26. Flourishing	3.8	1.2	1	5
27. Eudaimonia	3.5	1.1	1	5
28. Subjective well-being	3.2	1.0	1	5
29. Psychological well-being	3.5	1.1	1	5
30. Overall well-being	3.8	1.2	1	5